

MAY 2017

ACS Elementary Lunch
Grade K-5 \$2.00

MONDAY

1
Pic-a-Pizza
1. Stuffed Crust
2. Mexican
3. Buffalo Chicken

Tossed Green Salad w/ ChiChi Beans & Dressing
Peach Cup
Fresh Fruit Bowl

8
Buffalo Style Chicken Finger Sub

Shredded Lettuce & Sliced Tomato
Sauteed Spinach
Mixed Fruit Cocktail
Fresh Fruit Bowl

15
Make Your Own Hot Dog

Boston Baked Beans
Tater Tots
Peach Cup
Fresh Fruit Bowl

22
Build-a-Burger

Lettuce, Tomato, Onion, & Relishes
Baked Spiral Fries
Fresh Fruit Bowl

29
No School Memorial Day


TUESDAY

2
Taco Tuesday w/ Meat & Cheese

Shredded Lettuce & Diced Tomato
Refried Beans
Spanish Rice
100% Fruit Juice
Fresh Fruit Bowl

9
Warm Ham & Cheese on Pretzel Bun w/ Sunchips

Homemade Chili w/ Beans
100% Fruit Juice
Fresh Fruit Bowl

16
Taco Tuesday w/ Meat & Cheese

Shredded Lettuce & Diced Tomato
Refried Beans
Spanish Rice
100% Fruit Juice
Fresh Fruit Bowl

23
Chicken Nuggets w/ Dippin' Sauce & Macaroni & Cheese

Steamed Broccoli Cuts
100% Fruit Juice
Fresh Fruit Bowl

30
Crispy Chicken Patty on Wheat Bun

Shredded Lettuce & Sliced Tomato
Seasoned Green Beans
Diced Peaches
Fresh Fruit Bowl

WEDNESDAY

3
Crispy Chicken Patty on Wheat Bun

Shredded Lettuce & Sliced Tomato
Baked Spiral Fries
Mandarin Oranges
Fresh Fruit Bowl

10
Breakfast at Lunch

French Toast Sticks w/ Warm Syrup & Sausage

Hash Brown
Cinnamon Applesauce
Fresh Fruit Bowl

17
Personal Pan Pepperoni Pizza

Seasoned Green Beans
Pineapple Tidbits
Fresh Fruit Bowl

24
Big Daddy Pepperoni Pizza

Tossed Green Salad w/ ChiChi Beans & Dressing
Rosy Pears
Fresh Fruit Bowl

31
Pepperoni Pizza Wheels

Tossed Green Salad w/ ChiChi Beans & Dressing
100% Fruit Juice
Fresh Fruit Bowl

THURSDAY

4
Oven Baked Pork Chop w/ Warm Dinner Roll

Mashed Potato & Gravy
Sweet Baby Peas
Cinnamon Applesauce
Fresh Fruit Bowl

11
Oven-Fried Chicken w/ Warm Dinner Roll

Mashed Potato & Gravy
Glazed Carrot Coins
100% Fruit Juice
Fresh Fruit Bowl

18
Baked Spirals in Homemade Sauce w/ Cheesesticks

Tossed Green Salad w/ ChiChi Beans & Dressing
100% Fruit Juice
Fresh Fruit Bowl

25
Corn Dog

Boston Baked Beans
Tater Tots
Applesauce Cup
100% Fruit Juice
Fresh Fruit Bowl

DID YOU KNOW...
The birthstone for May is the emerald which represents success or love.

FRIDAY

5
Baked Macaroni & Cheese

Cucumber & Tomato Salad
Tomato Soup
100% Fruit Juice
Fresh Fruit Bowl

12
Crunchy Cheese Sticks w/ Marinara Sauce

Veggie Variety w/ Hummus Dip
Rosy Pears
Fresh Fruit Bowl

19
Potato Bar w/ Cheese or Chili Topping

Veggie Variety
Diced Peaches 'n Pears
Fresh Fruit Bowl

26
Popcorn Chicken w/ Dippin' Sauce & Cinnamon Bun

Glazed Carrot Coins
Mandarin Oranges
Fresh Fruit Bowl

A La Carte

Offered Daily: Cheese Pizza, Peanut Butter & Jelly, Salad Plate, Yogurt Plate, Fresh Fruit in Season.

*Milk is available with all full lunch purchases.

Milk\$.60
Cookies.....\$.50
Ice Cream.....\$.75
Chips.....\$.75

*Unless otherwise noted, all sandwiches are served on whole wheat bread (when available).

The 2010 Dietary Guidelines For Americans recommend that at least half of your grains are whole. For most people, that translates into at least 48 grams daily.



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Q: What goes snap, crackle, and squeak?
A: Mice Krispies

Q: Why did the banana go to the doctor?
A: Because it was not peeling well.

Q: What do you get from a pampered cow?
A: Spoiled Milk.